

Cancer Screening Recommendations

These recommendations are for people at average risk for certain cancers. Talk to a doctor about which tests you might need and the screening schedule that's right for you. It's a good idea to also talk about risk factors, such as lifestyle behaviors and family history that may put you or your loved one at higher risk. See more in-depth recommendations in [Cancer Screening Guidelines by Age](#).

Age 25–39 Screening recommendations

- Cervical cancer screening recommended for people with a cervix beginning at age 25.

Age 40–49 Screening recommendations

- Breast cancer screening recommended beginning at age 45, with the option to begin at age 40.
- Cervical cancer screening recommended for people with a cervix.
- Colorectal cancer screening recommended for everyone beginning at age 45.
- At age 45, African Americans should discuss prostate cancer screening with a doctor.

Age 50+ Screening recommendations

- Breast cancer screening recommended.
- Cervical cancer screening recommended.
- Colorectal cancer screening recommended.
- People who currently smoke or formerly smoked should discuss lung cancer screening with a doctor.
- Discussing prostate cancer screening with a doctor recommended.